



‘Learning today...to achieve our tomorrows’

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St Margaret’s Academy

CLUBS NEWSLETTER SPRING 2019



**All clubs begin week
commencing Monday
14th January, ending on
Friday 29th March unless
stated otherwise.**

St Margaret's Academy

We are pleased to be able to continue to offer a wide range of after school, lunchtime and early morning clubs this term. We are committed to providing a rich and exciting curriculum and we believe that our clubs have a role to play in enriching the curriculum further. The school offers clubs that teach gymnastics, football, dance, yoga and even Spanish, all of which are free. Not only are these clubs fun, but they will also help boost your child's self-esteem and self-confidence.

How will it be organised?

This term, we will run clubs for a total of 10 weeks. The clubs will be run by teachers and outside coaches, such as Baybouncers. The children will go to the club as soon as the school day finishes and then can be collected at the finish time; usually 4pm unless stated otherwise on the clubs timetable. If you would like your child (Y5-Y6 only) to walk home from the club, you must tick the box to give authorisation.

Is there a cost?

Sometimes, in order to run such a wide range of clubs we have organised outside coaches to come into school to help run some clubs. The cost of these clubs will vary depending on the club being offered. Payment can be made online via the School Gateway.

How can my child get a place at a club?

Read the booklet and discuss which club or clubs your child would like to join. You will then need to fill out a booking form to sign up to a club. Please return all the completed booking forms to the school office. We will strive to ensure that all children are placed in the club they desire. Places are limited; all are first come, first served, so please act quickly! ALL CLUBS BEGIN WEEK COMMENCING 14th January UNLESS STATED OTHERWISE ON THE TIMETABLE.

Non-attendance

If your child misses a club for two weeks in a row, unless there is a medical reason, they may be asked to leave the club and the space will be made available to another child. Why? Signing up to a club is a commitment and we would expect children to honour this. We believe that this is a life skill as well as an expectation. Some clubs lead on to competitions with other schools and children will need to commit to attending every session in order to build a team to enter leagues and competitions.

What next?

Read the booklet with your child and check which clubs are open to which year groups. Make a note of the days and times and then sign up using the booking form ASAP, THE DEADLINE FOR ALL CLUBS IS FRIDAY 11th January.

CLUBS TIMETABLE

Day	Clubs	Year	Location	Cost
Monday				
3.05-4.15pm	Girls Football: Mr Mayling	Y5-Y6	Field or B/Court	FREE
3.05-3.35pm	Yoga Time: Miss Truscott	Y2	Hall	FREE
Tuesday				
Lunchtime	Loom Band Club: Mrs Turner	Y2-Y3	Apple Class	FREE
12.30-1.00pm	Spanish Club: Mr Tullier	Y3-Y4	Rowan	FREE
3.05-4.00pm	Healthy 60: Mr Mayling	Y3-Y4	L/PG or Hall	FREE
3.05-4.15pm	Netball Club: Mrs Price & Mrs Broom	Y5-Y6	L/PG or Hall	FREE
Wednesday				
8.00-8.45am	Gymnastics Club: Baybouncers	Y3-Y4	Hall	FREE
12.30-1.00pm	Lego Club: Mr Rogers	Y5-Y6	Holly Class	FREE
3.05-4.00pm	Alternative Sports Club: Premier Sport	Y5-Y6	Hall or L/PG	FREE
Thursday				
8.00-8.45am	Boys Football Club: Mr Robinson	Y5	Field	FREE
3.05-4.00pm	Tag Rugby Club: Mr Mayling (until half-term)	Y4	Field or L/PG	FREE
Friday				
8.00-8.45am	Boys Football Club: Mr Robinson	Y6	Field	FREE
8.30-8.45am	Golden Mile Club: Mr Tullier	Y3-Y6	Field or L/PG	FREE
12.30-1.00pm	Tri-Golf Club: Mr Mayling	Y3-Y6	Field	FREE
12.30-1.00pm	Choir: Miss Pritchard	Y3-Y6	Birch	FREE
3.05-4.00pm	Football Club: Mr Tullier (boys and girls)	Y3-Y4	Field or L/PG	FREE

If you are interested in any of the above clubs you will need to sign-up and complete a booking form. After you sign-up you will not receive a confirmation of the place, but will be notified if the club is full and your child cannot attend.

Clubs Information

Y5-Y6 Girls Football Club: Mr Mayling

Girl's football club will be run by PE Teacher Mr Mayling. Learn new skills and play as part of a team. Girls will need to commit to attending every session in order to build a team to enter the league. Girls selected from the weekly club will also need to be available to represent the school in matches (priority to those who trained last term).

Y2 Yoga: Miss Truscott

Yoga will be run by Miss Truscott – a qualified Yoga teacher. This club is a great way to develop their fundamental skills of strength, balance, confidence and have fun at the same time. Children will have the opportunity to be active in creative yoga classes introducing the basic foundations of yoga for children through story-telling, partner yoga and games. They will also learn to manage **stress** through breathing, awareness, meditation and healthy movement.

Y2-Y3 Loom Band Club: Mrs Turner

Come along and create bracelets/chains, anything with loom bands.

Y3-Y4 Spanish Club: Mr Tullier

Hola! Spanish Club is run by Mr Tullier; he spent three years learning the language whilst teaching in Spain. Mr Tullier does everything to make learning Spanish fun and build confidence and fluency easily and quickly. So come along and learn basic Spanish for free.

Y5-Y6 Netball Club: Mrs Price & Mrs Broom

Netball club will be run by Mrs Price & Mrs Broom. All year 5 and 6 are welcome. Come along and learn High 5 Netball. All abilities are encouraged. Come along and enjoy a new sport and have the opportunity to represent the school in tournaments (priority to those who trained last term).

Y3-Y4 Gymnastics Club: Baybouncers

Gymnastics club is run by a Gymnastics Coach before school starts and is for children who love gymnastics or would like to improve their skills or explore new ones. Research has shown an exercise session in the morning before school will help get their heart pumping and can provide them with an energy boost which helps them with their concentration and attainment.

Y5-Y6 Lego Club: Mr Rogers

If you love Lego then you'll love this club. Come along and use your imagination to create some cool Lego builds!

Y5-Y6 Alternative Sports Club: Premier Sport

The aim of the club is to increase participation, encourage healthy lifestyles and inspire all young people to benefit from the positive values of physical activity and sport. The children will take part in fun alternative activities such as: Archery, Kurling, Street Surfing, Fencing, Dodgeball, Frisbee and Golf with an emphasis on enjoyment and discovery and not competition.

Y5-Y6 Boys Football Club: Mr Robinson

Boy's football club will be run by Y5 Teacher Mr Robinson. Learn new skills and play as part of a team. Boys will need to commit to attending every session in order to build a team to enter the league. Boys selected from the weekly club will also need to be available to represent the school in matches (priority to those who trained last term).

Y4 Tag Rugby Club: Mr Mayling

Tag Rugby is a non-contact team game in which each player wears a belt with two velcro tags attached to them. The mode of play is similar to Rugby Union or Rugby League with attacking players attempting to dodge, evade and pass a rugby ball while defenders attempt to prevent them scoring by "tagging" - pulling a velcro attached tag from the ball carrier. Seven players in each team are allowed on the field at a time. Tag Rugby is generally a slower rugby game but just as skilful. Tag rugby is about teaching running, handling and ball skills, and fun, while learning to be active. Tag Rugby is ideal for this age group and it is another way to introduce ball sports. The club will also lead to an inter school level one competition with other schools in the area.

Y3-Y4 Healthy 60: Mr Mayling

Healthy 60 Sports Club is run by PE Teacher Mr Mayling. It is an exciting programme that aims to harness the inspiration of the Olympic and Paralympic Games. The club takes the principles and specific skills from a range of sports and place them in a fun, vibrant and exciting activity club giving children confidence and competence. (priority to those who trained last term).

Y3-Y6 Golden Mile Breakfast Club: Mr Tullier

We reinforce the message from the Department of Health that children should engage in regular daily physical activity habits across the week, every week, all year round. The Golden Mile is an **ALL YEAR ROUND** initiative whereby Pupils, Staff and Parents can get involved. Simply walk, jog or run around our Golden Mile track within the safety of the school grounds and achieve some extra laps to add to your miles.

Y3-Y4 Football Club: Mr Tullier

Football/multi-skills activity coaching club for boys and girls. Learn new skills and play as part of a team (priority to those who trained last term).

Y3-Y6 Tri-Golf Club: Mr Mayling

Tri-Golf is a FUN, energetic, version of golf which young children in primary schools can enjoy with their classmates as they hit the target with their first golf shots. Tri-Golf is genuinely inclusive as it suits all abilities; every child can succeed in the games and with the flexibility between individual play and team interaction, it engages well with youngsters who might not want to play a traditional team sport. Tri-Golf promotes 'Skills for Life' attributes including co-operation, good sportsmanship and concentration and is designed to be used across curriculum learning.

**Bookings for clubs will
be open from Monday
7th to Friday 11th
January.**