

# 'Learning today...to achieve our tomorrows'

Email: admin@st-margarets.torbay.sch.uk

Website: www.stmargaretstorbay.co.uk

# St Margaret's Academy

# CLUBS NEWSLETTER AUTUMN 2018



All clubs begin week commencing 17<sup>th</sup>
September, ending on Friday 14<sup>th</sup> December unless stated otherwise.

### **St Margaret's Academy**

We are pleased to be able to continue to offer a wide range of after school, lunchtime and early morning clubs this term. We are committed to providing a rich and exciting curriculum and we believe that our clubs have a role to play in enriching the curriculum further. The school offers clubs that teach gymnastics, football, dance, yoga and even Spanish, most of which are free. Not only are these clubs fun, but they will also help boost your child's self-esteem and self-confidence.

### How will it be organised?

This term, we will run clubs for a total of 12 weeks. The clubs will be run by teachers and outside coaches, such as Baybouncers. The children will go to the club as soon as the school day finishes and then can be collected at the finish time; usually 4pm unless stated otherwise on the clubs timetable. If you would like your child (Y5-Y6 only) to walk home from the club, you must tick the box to give authorisation.

### Is there a cost?

Sometimes, in order to run such a wide range of clubs we have organised outside coaches to come into school to help run some clubs. The cost of these clubs will vary depending on the club being offered. Payment can be made online via the School Gateway.

### How can my child get a place at a club?

Read the booklet and discuss which club or clubs your child would like to join. You will then need to fill out a booking form to sign up to a club. Please return all the completed booking forms to the school office. We will strive to ensure that all children are placed in the club they desire. Places are limited; all are first come, first served, so please act quickly! ALL CLUBS BEGIN WEEK COMMENCING 17<sup>th</sup> September UNLESS STATED OTHERWISE ON THE TIMETABLE.

### Non-attendance

If your child misses a club for two weeks in a row, unless there is a medical reason, they may be asked to leave the club and the space will be made available to another child. Why? Signing up to a club is a commitment and we would expect children to honour this. We believe that this is a life skill as well as an expectation. Some clubs lead on to competitions with other schools and children will need to commit to attending every session in order to build a team to enter leagues and competitions.

### What next?

Read the booklet with your child and check which clubs are open to which year groups. Make a note of the days and times and then sign up using the booking form ASAP, THE DEADLINE FOR ALL CLUBS IS FRIDAY 14<sup>TH</sup> SEPTEMBER.

## **CLUBS TIMETABLE**

Day	Clubs	Year	Location	Cost
Monday				
3.05-4.15pm	Girls Football: Mr Mayling	Y5-Y6	Field or	FREE
			B/Court	
3.05-3.35pm	Yoga Time: Miss Truscott	Y2	Hall	FREE
Tuesday				
Lunchtime	Loom Band Club: Mrs Turner	Y2-Y3	Apple	FREE
			Class	
12.30-1.00pm	Spanish Club: Mr Tullier	Y3-Y6	Rowan	FREE
3.05-4.00pm	Quicksticks Club: Mr Mayling	Y5-Y6	L/PG or	FREE
			Hall	
3.05-4.15pm	Netball Club: Mrs Price & Mrs	Y5-Y6	L/PG or	FREE
	Broom		Hall	
Wednesday				
8.00-8.45am	<b>Gymnastics Club: Baybouncers</b>	Y5-Y6	Hall	FREE
12.30-1.00pm	Lego Club: Mr Rogers	Y3-Y4	Holly	FREE
			Class	
3.05-4.15pm	Alternative Sports Club: Kinetic	Y3-Y4	Hall or	FREE
	Sports		L/PG	
Thursday				
8.00-8.45am	<b>Boys Football Club: Mr Robinson</b>	Y5-Y6	Field	FREE
3.05-4.00pm	Healthy 60: Mr Mayling	Y3-Y4	Hall or	FREE
•			L/PG	
Friday			-	
8.30-8.45am	Golden Mile Club: Mr Tullier	Y3-Y6	Field or	FREE
			L/PG	
12.30-1.00pm	Choir: Miss Pritchard	Y3-Y6	Birch	FREE
3.05-4.05pm	Dance Club: Mrs Chivers & Mrs	Y5-Y6	Hall	FREE
	Broom			
3.05-4.05pm	Football Club: Mr Tullier	Y3-Y4	Field or	FREE
_	(boys and girls)		L/PG	

If you are interested in any of the above clubs you will need to sign-up and complete a booking form. After you sign-up you will not receive a confirmation of the place, but will be notified if the club is full and your child cannot attend.

### **Clubs Information**

### Y5-Y6 Girls Football Club: Mr Mayling

Girl's football club will be run by PE Teacher Mr Mayling. Learn new skills and play as part of a team. Girls will need to commit to attending every session in order to build a team to enter the league. Girls selected from the weekly club will also need to be available to represent the school in matches.

### Y2 Yoga: Miss Truscott

Yoga will be run by Miss Truscott – a qualified Yoga teacher. This club is a great way to develop their fundamental skills of strength, balance, confidence and have fun at the same time. Children will have the opportunity to be active in creative yoga classes introducing the basic foundations of yoga for children through story-telling, partner yoga and games. They will also learn to manage **stress** through breathing, awareness, meditation and healthy movement.

### Y2-Y3 Loom Band Club: Mrs Turner

Come along and create bracelets/chains, anything with loom bands.

### Y3-Y6 Spanish Club: Mr Tullier

Hola! Spanish Club is run by Mr Tullier; he spent three years learning the language whilst teaching in Spain. Mr Tullier does everything to make learning Spanish fun and build confidence and fluency easily and quickly. So come along and learn basic Spanish for free.

### Y5-Y6 Quicksticks Club: Mr Mayling

Quicksticks is designed to introduce young people to the game of hockey. It is 4-a-side, can be played on any surface, and uses a larger, lighter and safer ball. It is a fun, fast, safe and exciting game that has been designed so that anyone can play the game, regardless of previous hockey experience. Hockey is a sport that can be used as an excellent tool to help develop well rounded young people. The sport is dynamic, teamwork is key and player's respect for their opponents is at the heart of the game. This club will lead to inter school competitions with other schools in the area. I'm looking for hockey players in school that have a balance of talent, teamwork and sportsmanship to build a winning team!

### Y5-Y6 Netball Club: Mrs Price & Mrs Broom

Netball club will be run by Mrs Price & Mrs Broom. All year 5 and 6 are welcome. Come along and learn High 5 Netball. All abilities are encouraged. Come along and enjoy a new sport and have the opportunity to represent the school in tournaments (priority to those who trained last term).

### **Y5-Y6 Gymnastics Club: Baybouncers**

Gymnastics club is run by a Gymnastics Coach before school starts and is for children who love gymnastics or would like to improve their skills or explore new ones. Research has shown an exercise session in the morning before school will help get their heart pumping and can provide them with an energy boost which helps them with their concentration and attainment.

### Y3-Y4 Lego Club: Mr Rogers

If you love Lego then you'll love this club. Come along and use your imagination to create some cool Lego builds!

### Y3-Y4 Alternative Sports Club: Kinetic Sports Group

The aim of the club is to increase participation, encourage healthy lifestyles and inspire all young people to benefit from the positive values of physical activity and sport. The children will take part in fun alternative activities such as: Archery, Kurling, Street Surfing, Fencing, Dodgeball, Frisbee and Golf with an emphasis on enjoyment and discovery and not competition.

### Y5-Y6 Boys Football Club: Mr Robinson

Boy's football club will be run by Y5 Teacher Mr Robinson. Learn new skills and play as part of a team. Boys will need to commit to attending every session in order to build a team to enter the league. Boys selected from the weekly club will also need to be available to represent the school in matches. This club will start on Thursday 14<sup>th</sup> September.

### Y3-Y4 Healthy 60: Mr Mayling

Healthy 60 Sports Club is run by PE Teacher Mr Mayling. It is an exciting programme that aims to harness the inspiration of the Olympic and Paralympic Games. The club takes the principles and specific skills from a range of sports and place them in a fun, vibrant and exciting activity club giving children confidence and competence.

### Y3-Y4 Golden Mile Breakfast Club: Mr Tullier

We reinforce the message from the Department of Health that children should engage in regular daily physical activity habits across the week, every week, all year round. The Golden Mile is an **ALL YEAR ROUND** initiative whereby Pupils, Staff and Parents can get involved. Simply walk, jog or run around our Golden Mile track within the safety of the school grounds and achieve some extra laps to add to your miles.

### Y5-Y6 Dance Club: Mrs Chivers & Mrs Broom

Dance is very popular amongst children, as it combines physical literacy and experimentation, creativity and it develops self-knowledge and social skills. Mrs

Chivers and Mrs Broom will run the club and we are pleased to be able to develop Dance further in school.

### Y3-Y4 Football Club: Mr Tullier

Football/multi-skills activity coaching club for boys and girls. Learn new skills and play as part of a team.

# Bookings for clubs will be open from Wednesday 4<sup>th</sup> to Friday 14<sup>th</sup> September.