## School Vision

We want ourselves and the children in our care to be successful, resilient and inquisitive learners who are happy and well-equipped to participate positively in the community and wider society.

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## St Margaret's Academy

## CLUBS NEWSLETTER AUTUMN 2020



# All clubs begin week commencing $7^{\text {th }}$ September, ending on Friday $18^{\text {th }}$ December unless stated otherwise. 

## St Margaret's Academy

Things may be a little different at the moment, but we are pleased to be able to continue to offer a range of after school, lunchtime and early morning clubs this term. In order to help social distancing, we are running a reduced clubs timetable until we're running fully and our priority is to create a safe experience for everyone. We are committed to providing a rich and exciting curriculum and we believe that our clubs have a role to play in enriching the curriculum further. The school offers clubs that teach gymnastics, football, tag rugby and many more, all of which are FREE. Not only are these clubs fun, but they will also help boost your child's selfesteem and self-confidence.

## How will it be organised?

This term, we will run clubs for a total of 14 weeks. The clubs will be run by teachers and outside coaches, such as Premier Sport. The children will go to the club as soon as their school day finishes and then can be collected at the finish time. If you would like your child (Y5-Y6 only) to walk home from the club, you must tick the box to give authorisation.

## Is there a cost?

Sometimes, in order to run such a wide range of clubs we have organised outside coaches to come into school to help run some clubs. The cost of these clubs will vary depending on the club being offered. Payment can be made online via the School Gateway.

## How can my child get a place at a club?

Read the booklet and discuss which club or clubs your child would like to join. You will then need to go online and use the School Gateway to sign up to a club. We will strive to ensure that all children are placed in the club they desire. Places are limited; all are first come, first served, so please act quickly! ALL CLUBS BEGIN ON MONDAY $7^{\text {th }}$ SEPTEMBER, UNLESS STATED OTHERWISE ON THE CLUB TIMETABLE.

## Non-attendance

If your child misses a club for two weeks in a row, unless there is a medical reason, they may be asked to leave the club and the space will be made available to another child. Why? Signing up to a club is a commitment and we would expect children to honour this. We believe that this is a life skill as well as an expectation. Some clubs lead on to competitions with other schools and children will need to commit to attending every session in order to build a team to enter leagues and competitions.

## What next?

Read the booklet with your child and check which clubs are open to which year groups. Make a note of the days and times and then sign up using the booking form ASAP, THE DEADLINE FOR ALL CLUBS IS WEDNESDAY $2^{\text {nd }}$ SEPTEMBER.

CLUBS TIMETABLE - AUTUMN 2020

| Day | Clubs | Year | Location | Cost |
| :---: | :---: | :---: | :---: | :---: |
| Monday 3.10-4.10pm 2.40-3.40pm | Girls Football Club: Mrs Scaife Multi-Skills Club: Mr Mayling | $\begin{aligned} & \text { Y6 } \\ & \text { Y2 } \end{aligned}$ | Field or LPG BC | FREE <br> FREE |
| Tuesday 12.20-1.00pm WK1: Y1 WK:2 Y2 2.55-3.55pm 3.10-4.10pm 2.30-3.30pm | Eco-Schools Club: Primary Forest School <br> Healthy 60 Club: Mr Mayling <br> Netball Club: Mrs Price <br> Forest School Club: Primary Forest School | Y1-Y2 <br> Y3 <br> Y6 <br> Y1 | Orchard <br> BC <br> L/PG <br> Orchard | FREE <br> FREE <br> FREE <br> FREE |
| Wednesday 8.00-8.45am <br> 2.55-3.55pm | Wake and Shake Fitness Club: <br> Premier Sport <br> Alternative Sports Club: Premier Sports | Y5 <br> Y4 | LPG <br> BC or <br> L/PG | FREE <br> FREE |
| Thursday 2.55-3.55pm | Tag Rugby Club: Mr Mayling | Y4 | Field or L/PG | FREE |
| Friday 8.15-8.45am $3.10-4.10 \mathrm{pm}$ | Cross Country Club: Mr Tullier Boys Football Club: Mr Mayling | Y5 Y6 | Field or L/PG <br> Field or L/PG | FREE FREE |

With the exception of the Eco-Schools Club, you will need to sign-up via the School Gateway. This service allows you to book a place online and get an instant onscreen confirmation of your booking. Places are limited; all are first come, first served, so if the club is full, it will not allow you to book a place.

## Clubs Information

## Y6 Girls Football Club: Mrs Scaife

Girl's football club will be run by Mrs Scaife. Learn new skills and play as part of a team. Girls will need to commit to attending every session in order to build a team to enter the league. Girls selected from Y6 will also need to be available to represent the school in matches.

## Y2 Multi-skills: Mr Mayling

Multi-skills will be run by a Sports Coach from Premier Sport. This club is a great way to develop their fundamental skills of agility, balance and co-ordination which are the key building blocks in a child's physical development. Children will have the opportunity to be active in a safe environment and have fun at the same time. This club will lead into inter school competitions with other schools.

## Y1-Y2 Eco-Schools Club: Primary Forest School

Most young people care deeply about environmental issues and wish to make a positive change in the environment around them. The Eco-Schools Club provides an ideal way for fostering environmental awareness in the entire school in a way that links to many curriculum subjects. The primary aim of the Eco-Schools Club is to educate and empower young people to make positive decisions and become change makers for an environmentally sustainable world.

## Y3 Healthy 60: Mr Mayling

Healthy 60 Sports Club is run by PE Teacher Mr Mayling. It is an exciting programme that aims to harness the inspiration of the Olympic and Paralympic Games. The club takes the principles and specific skills from a range of sports and place them in a fun, vibrant and exciting activity club giving children confidence and competence.

## Y6 Netball Club: Mrs Price

Netball club will be run by Mrs Price. All year 6 are welcome. Come along and learn High 5 Netball. All abilities are encouraged. Come along and enjoy a new sport and have the opportunity to represent the school in tournaments (priority to those who trained last term).

## Y1 Forest School Club: Primary Forest School

Pupils will take part in Forest School activities which involve bushcraft and survival skills to be delivered in the school's Orchard area. This includes fire lighting, woodland foraging, shelter building and open fire cooking. At forest school the children will be physically active a lot of the time and their stamina will improve as they go through their Forest School sessions. Their experience can also help to lead
to the development of healthier lifestyles as children ask parents to take them on trips to woodlands and green spaces outside of school times. As the children gain in confidence and improve their self-esteem, this can have a positive impact on their emotional and mental well-being. The first session starts on Monday $14^{\text {th }}$
Sepetember, 2.30-3.30pm.

## Y5 Wake and Shake Fitness Club: Premier Sport

Premier Sport coaches will be coming in on Wednesday mornings to deliver a Wake and Shake fitness club for Y 5 . These sessions will start at 8am prompt and will finish at 8.45 am , children should come to school in their PE kit ready to start and bring their uniform to change into before the start of the day. There will be no charge for these sessions due to Government funding to enhance sport and fitness levels in school. Research has shown an exercise session in the morning before school will help get their heart pumping and can provide them with an energy boost which helps them with their concentration and attainment.

## Y4 Alternative Sports Club: Premier Sport

The aim of the club is to increase participation, encourage healthy lifestyles and inspire all young people to benefit from the positive values of physical activity and sport. The children will take part in fun alternative activities such as: Archery, Curling, Street Surfing, Fencing, Dodgeball, Frisbee and Golf with an emphasis on enjoyment and discovery and not competition.

## Y4 Tag Rugby Club: Mr Mayling

Tag Rugby is a non-contact team game in which each player wears a belt with two velcro tags attached to them. The mode of play is similar to Rugby Union or Rugby League with attacking players attempting to dodge, evade and pass a rugby ball while defenders attempt to prevent them scoring by "tagging" - pulling a velcro attached tag from the ball carrier. Seven players in each team are allowed on the field at a time. Tag Rugby is generally a slower rugby game but just as skilful. Tag rugby is about teaching running, handling and ball skills, and fun, while learning to be active. Tag Rugby is ideal for this age group and it is another way to introduce ball sports.

## Y5 Cross Country Club: Mr Tullier

Cross Country Running Club is led by our amazing runner Mr Tullier on Fridays 8.158.45 am . We will be entering boys and girls running teams in School Games cross country competitions for Torbay schools - celebrating improvement.

## Y6 Boys Football Club: Mr Mayling

Boy's football club will be run by Mr Mayling. Learn new skills and play as part of a team. Boys will need to commit to attending every session in order to build a team to enter the league. Boys selected from the weekly club will also need to be available to represent the school in matches.

# Bookings for clubs will be open from Tuesday $21^{\text {st }}$ July to Wednesday 2nd September. 

